

HIDDEN VALLEY SCHOOL COUNCIL



Policy Subject: Hidden Valley School Nutrition Policy and Guidelines

Date Passed: June 13, 2011

Principles

Hidden Valley School Council believes that the foundations for learning for our children, including health and nutrition, are fundamental in supporting each student's success.

With this in mind and pursuant to section B(7) of the Yukon Department of Education School Nutrition Policy the following procedures and guidelines have been established in consultation with the principal, parents and staff.

Reference

Department of Education Policy 1025, School Nutrition, available on the Government of Yukon website www.education.gov.yk.ca/policy/index.html

General Guidelines and Procedures

- 1) The school will follow the Department of Education School Nutrition Policy.
- 2) The school will promote good nutrition by encouraging students to make healthy food choices and by providing information about nutrition through various programs such as "Drop the Pop".
- 3) The school will provide information to parents on nutrition and healthy eating in the school newsletter and through occasional presentations at the school and visits from nutritionists.
- 4) Candies, chocolate bars and microwave popcorn will not be used in the classrooms as incentives and rewards.

5) During school events and celebrations:

- a) food may include fruits, vegetables, baked goods and/or desserts,
- b) food may **occasionally** include candy or chocolate bar type treats,
- c) teachers will ensure healthy food choices are made available,
- d) teachers will balance the use of food with other activities such as crafts or sports.